

# What's New on the Ridge



**April 11, 2025**

**Track and Field grades 3, 4, 5:** During April, grade 3-5 students are participating in track and field lessons, including sprints (100m and 100m relay), long jump, high jump, shotput (grades 4,5 only), and discus (grade 5 only). Lessons are taught by classroom teachers at various times throughout the month. Students should come prepared each day for outside PE, with outdoor running shoes.

The District Track Meet is on Friday, May 23<sup>rd</sup> at Coquitlam Town Centre Stadium. On Thursday, May 1<sup>st</sup> and Friday, May 2<sup>nd</sup>, we will have two afternoons (12:50-2:43) for Track Meet tryouts. Students will have the opportunity to try out for events they are interested in for the District Track Meet. At the conclusion of try outs, we will select students for the Eagle Ridge track meet team.

We are only able to select students who meet the district's minimum standard for an event, and we have a limited number of student spots for each event/grade/gender. Grade 4 and 5 students hoping to participate in distance running events **MUST** attend Como Lake Relay Team practices. This applies to 400m, 800m, and 1,500m events. Grade 3 students hoping to participate in 400m and 800m events will attend Monday & Wednesday lunchtime practices April 28 to May 14. We will only select students who show a consistent positive attitude, strong effort, and meet all behaviour expectations.

**Student Led Conferences:** Tuesday and Wednesday April 22-23 will be our school wide student led conferences. On these days there is an early dismissal at 1:43pm. These parent/guardian and student conferences act as the 2<sup>nd</sup> informal report for the 2024-25 school year. Students will be sharing with parents/guardians a selection of schoolwork and activities that show their progress in learning.



Teachers will share scheduling information with families – please check with your child's teacher if you need information about conference times.

**Class Photo Day:** On Monday, April 28<sup>th</sup> we will have class photos in the morning.

## **Kindergarten Registration 2025:**

If you have a child born in 2020 they are eligible to register for Kindergarten starting September 2025 please email [Irishmond@sd43.bc.ca](mailto:Irishmond@sd43.bc.ca) Students must register at their catchment school go to [www.sd43.bc.ca](http://www.sd43.bc.ca) for more information. Please pass on this information to friends and neighbours who have children born in 2020!!

<https://www.sd43.bc.ca/Schools/Registration/Pages/default.aspx#/=>

**Talent Show:** This year's Talent Show will be Monday, June 16<sup>th</sup>.

- It will be a mix of "live" presentations and pre-recorded video presentations, in our school gym. Video presentations should be talents that are not easily shared in person.
- There are a limited number of performer spots, so not all students will be selected for the Talent Show after auditions are complete. Students who audition the same talent as last year may not be selected, to allow new talents to be shared.
- In-class and video-submitted auditions will begin on Monday, May 5<sup>th</sup>, and end on Friday, May 16<sup>th</sup>.
- Students should let their teacher know as soon as possible if they plan to audition.
- Parents/guardians are welcome to send in a pre-recorded video audition, either to their classroom teacher or Mr. Botero ([rbotero@sd43.bc.ca](mailto:rbotero@sd43.bc.ca)), for the school committee to review.
- Video submissions should be presentation quality if possible, as the video may be used as-is, if the act is selected.
- Most acts will be trimmed to under two minutes in length.



Parents/guardians please note – This year we will be inviting parents/guardians of students performing "live" to come watch the Talent Show in-person. Unfortunately, due to gym capacity limits, we are unable to allow other guests to attend in the gym.



**Como Lake Relay Races Grades 4/5:** Practices are in progress for our grade 4 and 5 relay teams. Como Lake Relay Races will take place Thursday, April 17<sup>th</sup> after school, at Como Lake in Coquitlam.

### **After School Programs:**

|            |           |         |                                  |                |
|------------|-----------|---------|----------------------------------|----------------|
| Mondays    | 2:43-4:13 | Room 20 | Clayful Creations Grades 2-5     | Apr 7 – Jun 16 |
| Tuesdays   | 2:45      | Offsite | Game Ready 4-5 (Meet in Library) | Ongoing        |
| Wednesdays | 2:43-4:00 | Gym     | Grade K-5 Soccer                 | Apr 2 – Jun 11 |
| Thursday   | 2:43-4:00 | Gym     | Grade K-5 Multisport             | Apr 3 – Jun 12 |
| Thursdays  | 2:45      | Offsite | Game Ready 4-5 (Meet in Library) | Ongoing        |

Go to [www.DWUL.io](http://www.DWUL.io) and search Eagle Ridge to register for upcoming spring soccer and multisport after school Moresports programs starting April 2 and 3 -still lots of room!!

### **REMINDERS**

#### **Westcoast Lunch and Recess We Are Going Outside to Play:**

Students should be prepared to be outside each day at lunch and recess. We will only stay inside if it is extremely inclement weather. Proper boots, water-resistant jackets with hoods, and optionally umbrellas will help keep children warm and dry. Please send your child with a full change of clothing to be left at school. Students should also have an inside pair of running shoes. Please dress your child appropriately for the weather conditions. **We cannot call home for extra clothes.**



**Accessible Parking:** You may know that we have 4 accessible parking spaces. Two in the staff parking lot and two in the upper school area. There are some regulations around using these spots

- Cars must clearly display their accessible parking tag on their review mirror
- Accessible tags are issued to individual people who meet the criteria. The individual associated with the tag must be in the car
- We ask that families needing the spots arrive before start and dismissal times.
- We ask that families wait until the congestion of people clears before leaving the parking spot

We have three families that use the accessible spaces daily, so we have no room in the staff parking lot for additional cars with tags. If you have an accessible tag and you have not spoken with me about where you can park, please reach out so we can look for a solution. Thank you for your cooperation!

### **Student Drop Off and Pick Up:**

- Staff Lots - Please do not use the staff upper or lower parking lot at any time as parking is required for Eagle Ridge staff and other District staff who arrive at varying times throughout the school day.
- Please drop off and pick up students along Falcon, Coquitlam Crunch parking area or on neighbouring streets.
- The area in front of the school is for quick drop off / pick up only. Please do not park and leave your car, as enforcement officers will ticket and fine you should they come by. Also, be aware that City Bylaw Enforcement Officers will be stepping up traffic enforcement around Coquitlam schools with random patrols.



During snowy / icy conditions, Falcon Drive can be extremely slippery and dangerous for vehicles. At those times, it would be better to avoid drop off / pick-up be vehicle in front of the school.



Eagle Ridge Elementary is on Facebook and Instagram.

We post ongoing Eagle Ridge information for parents/guardians on these social media platforms. It's @eagleridgeSD43 for both – please follow, like, and share.

## Inclusive Calendar April 11-21

| Category                         | Date  | Date(s) of Significance  |
|----------------------------------|---|--|
| Cultural                         | All Month                                       | <b>Sikh Heritage Month</b><br>A month to recognize and highlight the important contributions that Sikh communities have made and continue to make to Canada's social, economic, political, and cultural heritage.  |
| Anti-racism                      | All Month                                       | <b>Genocide Remembrance, Condemnation and Prevention Month</b><br>A month to honour the memory of the victims of genocide and reflect on the root causes of these tragedies.   |
| Disabilities / Diverse Abilities | All Month                                       | <b>Autism Awareness Month</b><br>A month to identify the contributions, challenges, and successes of people with autism.   |
| Cultural                         | Changes Annually<br>11-Apr 2:51pm-12-Apr 5:21pm | <b>Hanuman Jayanti</b><br>A Hindu religious festival that celebrates the birth of Hindu God Hanuman.   |
| 2SLGBTQIA+                       | 2nd Fri of Apr<br>11-Apr                        | <b>Day of Silence</b><br>The GLSEN Day of Silence is a national student-led demonstration where 2SLGBTQ+ students and allies all around the country—and the world—take a vow of silence to protest the harmful effects of harassment and discrimination of 2SLGBTQ+ people in schools. |
| Cultural                         | Changes Annually<br>12-Apr                      | <b>Passover begins</b><br>Jewish Holiday that changes annually based on Canadian standard calendar. Commemorates the Jewish escape from Egypt.   |
| Cultural                         | Changes Annually<br>14-Apr                      | <b>Baisakhi or Vaisakhi</b><br>A harvest festival celebrated in India, mainly by the Sikh community.   |
| 2SLGBTQIA+                       | 14-Apr  | <b>International Day of Pink</b><br>An opportunity to renew our commitment to diversity and inclusion by combatting all forms of discrimination that fuel bullying and violence, which many 2SLGBTQ+ youth continue to face.   |
| Cultural                         | 14-20 Apr                                       | <b>Bangla Heritage Week</b><br>A week to celebrate the contributions and culture of the Bengali speaking people.   |
| Anti-racism                      | 14-Apr  | <b>Dr. B. R. Ambedkar Equality Day</b><br>An opportunity to reflect and renew our vows for addressing inequity in our personal and professional live.  |
| Cultural                         | Changes Annually<br>18-Apr                      | <b>Good Friday</b><br>A Christian holiday commemorating the crucifixion of Jesus Christ, which is observed on the Friday before Easter.  |
| Cultural                         | Changes Annually<br>21-Apr                      | <b>Easter</b><br>A Christian festival and cultural holiday to celebrate the belief in the resurrection of Jesus Christ, three days after his death.  |

## **SCHOOL CALENDAR**

| <b>Date</b>                | <b>Activities and Events</b>   |
|----------------------------|--|
| <i>Monday, April 14</i>    | <i>High Jump Divisions 6-9 after lunch</i>   |
| <i>Wednesday, April 16</i> | <i>High Jump Divisions 6-9 9:00am-12:00am<br/>Art Starts performance, Quinn Beasley - "The Pursuit of Passion"</i>   |
| <i>Thursday, April 17</i>  | <i>Kindergarten Butterfly Workshops<br/>Como Lake Relay Races @ Como Lake 3-5pm</i>  |
| <i>Friday, April 18</i>    | <i>Good Friday (No School)</i>   |
| <i>Monday, April 21</i>    | <i>Easter Monday (No School)</i>   |
| <i>Tuesday, April 22</i>   | <i>Early Dismissal 1:43pm<br/>Student Led Conferences Starting 1:43pm</i>  |
| <i>Wednesday, April 23</i> | <i>High Jump Divisions 6-9 9:00am-12:00am<br/>Reading Link Challenge Leve 2 – Coquitlam Library<br/>Early Dismissal 1:43pm<br/>Student Led Conferences Starting 1:43pm</i> |
| <i>Thursday, April 24</i>  | <i>Division 1 Field Trip</i>   |
| <i>Friday, April 25</i>    | <i>Pro D Day (No School)</i>   |
| <i>Monday, April 28</i>    | <i>Class Photos 9:00-12:00pm</i>   |
| <i>Tuesday, April 29</i>   | <i>Grade 5 Team at SD43 District STEAM Challenge</i>   |
| <i>Wednesday, April 30</i> | <i>Division 3 Field Trip<br/>Division 8 Poetry Recital</i>   |
| <i>Thursday, May 1</i>     | <i>Scott Creek Info Session Gr5 Families 6:30-7:30pm<br/>Track &amp; Field Tryouts Grades 3-5, 12:50-2:43</i>  |
| <i>Friday, May 2</i>       | <i>PAC Hot Lunch - Canella<br/>Track &amp; Field Tryouts Grades 3-5, 12:50-2:43</i>  |
| <i>Saturday, May 3</i>     | <i>Spirit Triathlon Race (Hyde Creek Rec. Centre)</i>  |
| <i>Monday, May 5</i>       | <i>Talent Show Auditions Week 1<br/>Connecting to Kindergarten #1<br/>Track &amp; Field Makeup Grades 3-5, 9:00-12:00</i>  |
| <i>Tuesday, May 6</i>      | <i>Core Comp Assembly - Beaver</i>   |
| <i>Wednesday, May 7</i>    | <i>PAC plants pickup after school Portable 2</i>   |
| <i>Thursday, May 8</i>     | <i>Divisions 7 &amp; 8 Field Trip<br/>PAC AGM Meeting (Location TBD)</i>   |
| <i>Friday, May 9</i>       | <i>Beach Day - School Spirit Day</i>   |
| <i>Monday, May 12</i>      | <i>Talent Show Auditions Week 2<br/>Connecting to Kindergarten #2<br/>Multicultural Week Eagle Ridge</i>   |
| <i>Tuesday, May 13</i>     | <i>Div 13 &amp; 14 - Science World</i>   |
| <i>Thursday, May 15</i>    | <i>Gr 5 Scott Creek Presentation 1:30pm</i>  |
| <i>Friday, May 16</i>      | <i>Division 3 Field Trip<br/>Grade 4 Wax Museum 1:00-2:43<br/>PAC Hot Lunch - Pasta Polo</i>   |
| <i>Monday, May 19</i>      | <i>Victoria Day (No School)</i>  |
| <i>Friday, May 23</i>      | <i>Track Meet</i>  |
| <i>Monday, May 26</i>      | <i>Connecting to Kindergarten #3</i>   |
| <i>Friday, May 30</i>      | <i>Sports Day<br/>PAC Hot Lunch – Domino's Pizza</i>   |

# NEWS FROM THE PAC

## What's New with the PAC:

*Join our monthly meetings to hear updates from the principal and voice any feedback.*

*All parents and guardians are welcome and encouraged to attend.*

*The agenda will be posted on our website a week in advance. If you would like to add an agenda item, please contact us 10 days prior to the meeting.*

*Our next PAC Meeting is scheduled for **May 8th**. If you would like to volunteer, join a committee, or have any questions please contact us at [eagleridgepac@gmail.com](mailto:eagleridgepac@gmail.com)*

*Stay connected:*

[eagleridgepac@gmail.com](mailto:eagleridgepac@gmail.com)

[www.facebook.com/EagleRidgeElementarySchoolPAC/](https://www.facebook.com/EagleRidgeElementarySchoolPAC/)

[www.sd43.bc.ca/school/eagleridge](http://www.sd43.bc.ca/school/eagleridge)

## **Up Coming PAC Lunches**

**Friday, May 2<sup>nd</sup> Canella Catering**

**Orders Due April 25<sup>th</sup>**

**Friday, May 16<sup>th</sup> Pasta Polo**

**Orders Due May 9<sup>th</sup>**

**Friday, May 30<sup>th</sup> Dominos Pizza**

**Orders Due May 23<sup>rd</sup>**

Order on <https://munchalunch.com/home.html>

*(late orders not accepted)*

### **Ongoing Pac Fundraisers**

**COBS Bread Bakery:** Mention Eagle Ridge Elementary School when you shop at the Suter Brook Village location of COBS (#340-154 Brew St) and PAC will receive 5% of your total purchase.

**TruEarth:** Shop TruEarth via Eagle Ridge Elementary School's unique link and PAC will receive 20% of your total purchase.

<https://truearth.sjv.io/EagleRidgeElementaryPAC>

**Coquitlam Return-It Depot:** Drop off your bottles at the 2560 Barnet Hwy Return-It Depot and direct the refund towards Eagle Ridge Elementary School PAC. Print a label at the Depot's kiosk to tag your bag for PAC. **Account Phone #:** 604-464-5848

**Dollars & Cents:** Mention Eagle Ridge Elementary when you shop at Dollars & Cents and PAC will receive 20% of your total purchase. **Fundraiser Location:** 1410 Parkway Blvd, Westwood Plateau Village

**FlipGive:** Download the app and shop online for all of your favourite brands while earning cash back for PAC! **Shopping Code:** 4Y6RNV <https://www.flipgive.com/login>

**Frans' Flowers:** Use code **EagRes** at the Coquitlam Centre kiosk or at [fransflowers.ca](https://fransflowers.ca) to received 15% off your order PLUS 10% donated to PAC